



COURSE TITLE	TARGET GROUP	DURATION(DAYS)	DATES	COST
<b>Occupational Safety &amp; Health</b> (Taught in accordance with the recommended DOSHS syllabus)	Members of Health & Safety Committees in organizations. - Individuals interested in Occupational Safety & Health	4	6 <sup>th</sup> -9 <sup>th</sup> February 8 <sup>th</sup> -11 <sup>th</sup> May 7 <sup>th</sup> - 10 <sup>th</sup> August 6 <sup>th</sup> - 19 <sup>th</sup> November	16,000
<b>Basic Fire Safety</b>	Individuals who wish to learn basic fire prevention and firefighting techniques.	1	19 <sup>th</sup> January 20 <sup>th</sup> April 20 <sup>th</sup> July 19 <sup>th</sup> October	3,500
<b>Fire Marshals</b>	Members of Fire Team in organizations/ companies and other interested persons	3	7 <sup>th</sup> -9 <sup>th</sup> March 20 <sup>th</sup> - 22 <sup>nd</sup> June 12 <sup>th</sup> -14 <sup>th</sup> Sept 5 <sup>th</sup> - 7 <sup>th</sup> December	9,000

<b>Occupational First Aid</b>	Individuals who wish to take on the role of nominated first aiders in the workplace.	3	9 <sup>th</sup> -11 <sup>th</sup> January 11 <sup>th</sup> - 13 <sup>th</sup> April 10 <sup>th</sup> -12 <sup>th</sup> July 9 <sup>th</sup> -11 <sup>th</sup> October	9,000
<b>Basic First Aid</b>	All interested persons who wish to learn basic lifesaving skills.	1	27 <sup>th</sup> January 23 <sup>rd</sup> March 25 <sup>th</sup> May 27 <sup>th</sup> July 28 <sup>th</sup> September 14 <sup>th</sup> Dec	3,500
<b>Paediatric First Aid</b>	Homecare givers, ECD teachers, all other interested persons working with children, enabling them to have basic knowledge of how to deal with paediatric emergency first aid situations.	1	Sat, 10 <sup>th</sup> march Sat, 12 <sup>th</sup> May Sat, 17 <sup>th</sup> July Sat, 13 <sup>th</sup> October	2,500
<b>Occupational First Aid Refresher</b>	All persons intending to requalify in their role as first aiders in the work place.	1	12 <sup>th</sup> January 13 <sup>th</sup> April 13 <sup>th</sup> July 12 <sup>th</sup> October	2,500
<b>Basic School Transport Safety</b>	For ECDE Teachers, school Bus drivers and touts and generally all school staff	1	14 <sup>th</sup> April 18 <sup>th</sup> August 24 <sup>th</sup> November	3,500

### Other courses available on demand:

- i) Fire Prevention & Inspection
- ii) Bio-safety
- iii) Defensive Driving
- iv) Work At Height
- v) Accident /Incident investigation
- vi) Stress Management
- vii) Security Management training
- viii) Road & Transport safety
- ix) Fork lift safe Operations Training
- x) Environmental Impact Assessment & Audit
- xi) Safe Use of Chemicals
- xii) Disaster and Emergency Preparedness.

Registration for a Diploma Programme in occupational Safety & Health ongoing .....Intake in January, April and September

### Note:

- All courses are open to participants from private Organizations, government, NGO's and Individuals.
- Confirmation of attendance is through payment two weeks in advance of course commencement.
- The courses above can be customized for corporate clients
- The venue for these courses is at ISTC'S Nairobi Campus.
- Certificates are awarded to all successful participants for every course.
- The cost is exclusive of VAT.

### How to register:

To register for these courses, kindly download the registration form from our website [www.istc.co.ke](http://www.istc.co.ke), fill up the form and send it to us via our email address [hsetraining@istc.co.ke](mailto:hsetraining@istc.co.ke): for any further enquiries kindly contact us (0700364722).

**REGISTER NOW!!!**