



## THE INTERNATIONAL SAFETY TRAINING CENTRE 2026 TRAINING CALENDAR

COURSE TITLE	TARGET GROUP	DURATION	DATES	COST(KSHS) EXCLUSIVE OF TAX
Occupational Safety & Health	Members of Health & Safety Committees in organizations. Individuals interested in Occupational Safety & Health	4 days	10 <sup>th</sup> - 13 <sup>th</sup> February 12 <sup>th</sup> - 15 <sup>th</sup> May 11 <sup>th</sup> -14 <sup>th</sup> August 10 <sup>th</sup> -13 <sup>th</sup> November	16,000
Work At Height Training	Individuals in the tele-communication, construction and Engineering industries who Work at height on sites.	3 days	15 <sup>th</sup> - 17 <sup>th</sup> April 14 <sup>th</sup> - 16 <sup>th</sup> October	23,000
Construction Safety	Individuals in the construction industries and all other interested individuals.	3 days	17 <sup>th</sup> - 19 <sup>th</sup> June 25 <sup>th</sup> - 27 <sup>th</sup> November	16,000
Fire Safety	Members of Fire Team in organizations/ companies and other interested persons	3 days	8 <sup>th</sup> - 10 <sup>th</sup> April 8 <sup>th</sup> -10 <sup>th</sup> July 7 <sup>th</sup> - 9 <sup>th</sup> October	16,000
Occupational First Aid	Individuals who wish to take on the role of nominated first aiders in the workplace.	3 days	11 <sup>th</sup> -13 <sup>th</sup> March. 10 <sup>th</sup> - 12 <sup>th</sup> June 9 <sup>th</sup> -11 <sup>th</sup> September	9,500
Basic Fire Safety	Individuals who wish to learn basic fire prevention and firefighting techniques.	1 day	23 <sup>rd</sup> January 26 <sup>th</sup> June 20 <sup>th</sup> November	3,500

<b>Occupational First Aid Refresher</b>	All people intend to requalify in their role as first aiders in the workplace.	2 days	18 <sup>th</sup> - 19 <sup>th</sup> March 27 <sup>th</sup> - 28 <sup>th</sup> August	7,000
<b>Basic First Aid</b>	All interested persons who wish to learn basic lifesaving skills.	1 day	20 <sup>th</sup> February 30 <sup>th</sup> October	3,500
<b>Pediatric First Aid</b>	Homecare givers, ECD teachers, all other interested people working with children, enabling them to have basic knowledge of how to deal with pediatric emergency first aid situations.	1 day	25 <sup>th</sup> July	3,500
<b>Mental Health in the Workplace</b>	All interested people who wish to learn skills to help someone who is developing a mental health problem or experiencing a mental health crisis.	3 days	19 <sup>th</sup> - 21 <sup>st</sup> May 8 <sup>th</sup> - 10 <sup>th</sup> December	14,000
<b>Chemical Safety</b>	For individuals who handle chemicals at the workplace to ensure that they perform their duties safely.	2 days	23 <sup>rd</sup> -24 <sup>th</sup> July	10,000
<b>Biosafety &amp; Biosecurity</b>	All interested individuals & staff handling Bio-Hazards, students in medical faculties, pharmaceutical industries & laboratory technicians.	5 days	14 <sup>th</sup> - 18 <sup>th</sup> September	22,500

## **Modes of study:**

- 1) Distance Learning (Diploma Programmes)
- 2) Full time - for all short courses (1-5 days)

## **Other courses available on demand:**

- a) Accident /Incident investigation
- b) Food Safety
- c) Gender and Inclusion
- d) Stress Management
- e) Security Management training
- f) Road & Transport safety
- g) Forklift safety
- h) Confined space entry
- i) Gender sensitive OSH Practice
- j) Safe Use of Chemicals
- k) Disaster and Emergency Preparedness.
- l) Industrial Hygiene
- m) Occupational Audiometry
- n) Behavioral Based safety

**Registration for a Diploma Programme in Occupational Safety & Health ongoing .... Intake in May and December**

### **Note:**

- All our short professional courses are open to all interested persons, organizations, institutions etc
- Confirmation of attendance for individuals includes payment of a non-refundable registration fee of **Kshs. 1,000** at least two weeks in advance of course commencement.
- We offer on-site customized training programs for corporate clients.

### **How to register:**

To register for these courses, kindly download the registration form from our website [www.istc.co.ke](http://www.istc.co.ke), fill up the form and send it to us via our email address [hsetraining@istc.co.ke](mailto:hsetraining@istc.co.ke): for any further enquiries kindly contact us (0700364722).

**REGISTER**