



THE INTERNATIONAL SAFETY TRAINING CENTRE 2026 TRAINING CALENDER

COURSE TITLE	TARGET GROUP	DURATION	DATES	COST(KSHS) EXCLUSIVE OF TAX
Occupational Safety & Health	Members of Health & Safety Committees in organizations. Individuals interested in Occupational Safety & Health	4 days	10 th - 13 th February 12 th - 15 th May 11 th -14 th August 10 th -13 th November	16,000
Work At Height Training	Individuals in the tele-communication, construction and Engineering industries who Work at height on sites.	3 days	15 th - 17 th April 14 th - 16 th October	23,000
Construction Safety	Individuals in the construction industries and all other interested individuals.	3 days	17 th - 19 th June 25 th - 27 th November	16,000
Fire Safety	Members of Fire Team in organizations/ companies and other interested persons	3 days	8 th - 10 th April 8 th -10 th July 7 th - 9 th October	16,000
Occupational First Aid	Individuals who wish to take on the role of nominated first aiders in the workplace.	3 days	11 th -13 th March. 10 th - 12 th June 9 th -11 th September	9,500
Basic Fire Safety	Individuals who wish to learn basic fire prevention and firefighting techniques.	1 day	23 rd January 26 th June 20 th November	3,500

Occupational First Aid Refresher	All people intend to requalify in their role as first aiders in the workplace.	2 days	18 th - 19 th March 27 th - 28 th August	7,000
Basic First Aid	All interested persons who wish to learn basic lifesaving skills.	1 day	20 th February 30 th October	3,500
Pediatric First Aid	Homecare givers, ECD teachers, all other interested people working with children, enabling them to have basic knowledge of how to deal with pediatric emergency first aid situations.	1 day	25 th July	3,500
Mental Health in the Workplace	All interested people who wish to learn skills to help someone who is developing a mental health problem or experiencing a mental health crisis.	3 days	19 th - 21 st May 8 th - 10 th December	14,000
Chemical Safety	For individuals who handle chemicals at the workplace to ensure that they perform their duties safely.	2 days	23 rd -24 th July	10,000
Biosafety & Biosecurity	All interested individuals & staff handling Bio-Hazards, students in medical faculties, pharmaceutical industries & laboratory technicians.	5 days	14 th - 18 th September	22,500

Modes of study:

- 1) Distance Learning (Diploma Programmes)
- 2) Full time - for all short courses (1-5 days)

Other courses available on demand:

- a) Accident / Incident investigation
- b) Food Safety
- c) Gender and Inclusion
- d) Stress Management
- e) Security Management training
- f) Road & Transport safety
- g) Forklift safety
- h) Confined space entry
- i) Gender sensitive OSH Practice
- j) Safe Use of Chemicals
- k) Disaster and Emergency Preparedness.
- l) Industrial Hygiene
- m) Occupational Audiometry
- n) Behavioral Based safety

Registration for a Diploma Programme in Occupational Safety & Health ongoing Intake in May and December

Note:

- All our short professional courses are open to all interested persons, organizations, institutions etc
- Confirmation of attendance for individuals includes payment of a non-refundable registration fee of **Kshs. 1,000** at least two weeks in advance of course commencement.
- We offer on-site customized training programs for corporate clients.

How to register:

To register for these courses, kindly download the registration form from our website www.istc.co.ke, fill up the form and send it to us via our email address hsetraining@istc.co.ke: for any further enquiries kindly contact us (0700364722).

REGISTER